

## NEWS BRIEFS

### Daylight-saving time

Daylight-saving time begins at 2 a.m. Sunday. People are reminded to turn their clocks one hour ahead before going to sleep Saturday.

### Memorial observance

The Days of Remembrance are a time to recall the Holocaust. They start Sunday and continue until April 14. The Columbus AFB Library will have a display in honor of this week. Visit the Web site at [www.ushm.org/remembrance/dor](http://www.ushm.org/remembrance/dor) or call Ext. 2488.

### Beneficiary Web site

Beneficiary Counseling and Assistance Coordinators assist Red Cross units in getting Tricare information out. Their Web site, [www.tricare.osd.mil/tricare/beneficiary/BCACDirectory.htm](http://www.tricare.osd.mil/tricare/beneficiary/BCACDirectory.htm), lists every BCAC worldwide to assist Tricare in disseminating information to mobilized units. More information on Tricare for National Guard and Reserve members is available at [www.tricare.osd.mil/reserve](http://www.tricare.osd.mil/reserve).

### Legal services

Bar associations, law firms and solo-practitioner attorneys have volunteered to donate legal services free-of-charge to the primary next-of-kin of servicemembers killed or injured in a military operation in support of the war on terrorism. Next-of-kin may need assistance with probate, insurance, child custody or other legal issues after the person's death.

Although the next-of-kin may be eligible for military legal assistance services, judge advocates generally may not represent a client in a civilian court or administrative proceeding. Therefore, if the matter goes to the civilian court system, a civilian attorney may be required.

The pro bono legal services outreach program saves the next-of-kin the cost of legal fees and simplifies the process of locating a civilian attorney specialized in their area of need. Call Ext. 2720.

## Mission Report

As of Wednesday

**T-37**

Goal: 443

Flown: 567

**T-1A**

Goal: 351.0 hrs.

Flown: 313.6 hrs.

**T-38**

Goal: 231

Flown: 223

## Green season: Housing residents asked to prioritize yard work

**Airman Alexis Lloyd**  
Staff writer

Now that spring rains are prompting the grass and trees to sprout, base housing yard care will once again be closely monitored.

Bi-monthly random inspections are conducted on Tuesdays in all housing areas to recognize above-standard homes and to issue violation tickets to below-standard yards, said Donna Lonie, 14th Civil Engineer Squadron housing inspector.

"Taking care of your lawn reflects on the overall appearance of the base," said Tech. Sgt. James Hensley, 14th Flying Training Wing Manpower. "It ensures the base is neat and uniform."

There are incentives for those who keep their lawns above average.

Monthly, from May through September, designated group and squadron commanders choose an award-winning yard from each housing area. From the three area winners, an overall wing winner is chosen. Winners are presented prize packages by the 14th Support Group commander and are recognized with a family photograph posted at the pride store and exchange.

People who live on base are given a copy of the Columbus AFB Pamphlet 32-6002 when they move in detailing all the requirements for care of the exterior, Lonie said.

Some of the yard-care items in the pamphlet include:

Mow the lawn as needed to obtain a uniform and neat appearance. Grass should not exceed three inches in height.

Flower beds should be free of debris, grass and weeds.

Base housing occupants are responsible for trimming and pruning their bushes. Bushes should not exceed 6 feet in height.

Tree-limb trimming below the height of 8 feet is also the occupant's responsibility, and anything above 8 feet will be maintained by the Air Force. No live trees will be removed without approval.

Driveways shouldn't be used as storage areas or patios. Carports should be kept free of grease buildup, and the carport and side porches must be neatly arranged.



Senior Airman Amanda Mills

**Staff Sgt. Eric O'Brien, 14th Security Forces Squadron, mows his lawn Tuesday in base housing.**

These areas should not be cluttered with bulky furniture, appliances or unsightly items.

Repair of vehicles, including oil changes, is not authorized in the housing area. This work should be done at the auto hobby shop.

If flying the U.S. flag, do so in accordance with military protocol.

Worn or faded flags can be exchanged at the pride store.

Although living on base means there are rules, it doesn't mean residents can't turn their houses into homes.

"Your lawn should be about pride in ownership," said Master Sgt. John Enyart, 14th Mission Support Squadron first sergeant.

## Dining-out an opportunity for history, camaraderie

The 14th Flying Training Wing Enlisted Dining-Out is at 6 p.m. April 12 at the Columbus Club.

This event provides enlisted members an opportunity to join fellow airmen and NCOs in an atmosphere of ceremony, tradition and fellowship.

Formal military dinners are a tradition in all branches of the armed services. In the Air Force and Navy it's the dining-in or dining-out; in the Army, the regimental dinner; and in the Marine Corps and Coast Guard, mess night.

The origin of the dining-out is not clear. Formal dinners are rooted in antiquity. From pre-Christ Roman Legions to second century Viking warlords, to King Arthur's knights of the sixth century, feasts to honor military victories and individual and unit achievements have been a custom.

The Air Force dining-in custom probably began in the 1930s with the late Gen. H. H. "Hap" Arnold's "Wing-Dings." The close bonds enjoyed by the Air Corps officers and their British colleagues of the Royal Air Force during World War II added to the American involvement in the dining-in custom.

With the growing promotion of officers, it was identified that the traditional dining-in would be more popular if spouses were allowed to attend; thus, the dining-out was formed.

Over the course of the last few years, NCOs recognized the role of these formal dinners and began to gather for dining-outs to promote esprit de corps in the enlisted force.

The dining-out has served the Air Force well as an occasion for military members and their spouses to meet socially at a formal military function. It enhances the unit esprit de corps, lightens the load of day-to-day work and enables men and women of all ranks to create bonds of friendship.

As with any tradition, there are rules that must be followed, such as arriving within the appropriate time frame, refraining from bringing beverages into the mess (the dining area) and not departing the mess while it's convened.

And of course, there are dress codes. Military members need to wear either the mess dress or semi-formal uniform. Civilian men are asked to wear black tie and women should wear formal dinner dresses.

The guest speaker for this year's event is retired Chief Master Sergeant of the Air Force Robert Gaylor. He served as the fifth CMSAF from July 1977 to July 1979.

The social period starts at 6 p.m., chimes sound at 6:45 p.m. and dinner is served at 7:30 p.m. Menu choices are beef medallions or chicken Ponchatrain. Cost is \$16 for SNCO's, \$12 for NCO's and \$8 for airmen. Non-club members must pay a \$2 surcharge.

*(Story contributions by Master Sgt. John Williams, Laughlin AFB, Texas, and Airman Alexis Lloyd. The Specialized Undergraduate Pilot Training Class 02-08 Assignment night has been rescheduled for 5 p.m. April 13 at the Columbus Club.)*

## Dining out uniform requirements

*All uniforms must show proper placement of ribbons, badges and special uniform items. Nametags will not be worn on either the service coat or mess dress jacket.*

*Additional information can be found in AFI 36-2903, Dress and Personal Appearance of Air Force Personnel.*

### Men's semi-formal

□ Service coat and trousers, materials must match in shade and material

□ White button-down, long-sleeve dress shirt with collar, without design

□ Belt with silver tip and buckle

□ Blue herringbone twill tie, blue satin bow tie or black bow tie

□ Black oxford low quarters and black socks

### Men's mess dress uniform

□ Mess dress jacket and trousers with blue striping, materials must match in shade and material

□ White button-down, dress-type material and collar, plain or pleated front

□ White, blue or black suspenders, not visible

□ Blue satin bow tie

□ Blue satin cummerbund

□ Black oxford low quarters and black socks

### Women's semi-formal

□ Service coat and skirt, materials must match in shade and material

□ White, long-sleeve, button down shirt

□ Blue inverted tie tab, blue or black satin crescent tie tab

□ Belt with silver tip and buckle

□ Heels and pantyhose in neutral, dark brown, black, off black or dark blue shades

### Women's mess dress uniform

□ Mess dress jacket and ankle-length skirt, materials much match in shade and material

□ White button-down shirt with ruffles

□ Blue satin, crescent-shape tie tab

□ Cummerbund

□ Heels and pantyhose in neutral, dark brown, black, off black or dark blue shades



## Air Force ends Bootstrap

**WASHINGTON** — In its heyday, the Air Force Bootstrap Program served thousands of bluesuiters, providing an effective means to reach professional and academic goals. But those days — and the program — have come to an end.

"Our educational opportunities have greatly expanded over the past 10 years," said Marylee Baker, assistant chief of the voluntary education branch within the deputy chief of staff for personnel's office. "While we had a need in 1960 for Bootstrap, more opportunities exist today to expedite degree completion."

Recent developments have resulted in a closer look at Bootstrap, along with Title 10 — Educational Leave of Absence, which provides public law for such programs. That assessment, Baker said, is the driving force behind the retirement of Bootstrap.

The proliferation of upper-level undergraduate courses on Air Force bases and the advent of distance learning programs have caused the number of airmen participating in Bootstrap to dwindle in the past year.

That, together with a recent assessment by Air Force legal officials concerning the conformity of the program with public law, required service officials to rework the Bootstrap program. Baker said that, although the program has served the force very well over the years, its time has come to an end. *(Courtesy of Air Force News)*

## Virtual MPF includes scores

**RANDOLPH AFB, Texas** — Enlisted Air Force people now have the ability to view their Weighted Airman Promotion System scores online thanks to the latest update of the service's Web-based military personnel flight.

The virtual military personnel flight, or vMPF, is an interactive tool that provides self-service ability for airmen to review, maintain and initiate actions within their personnel records from any Internet-connected computer, said officials at the Air Force Personnel Center here. The virtual MPF now includes 48 active-duty, Guard and Reserve features.

"The biggest advantage to the vMPF is its convenience for the customer," said Chief Master Sgt. Deborah Fuqua, chief of knowledge management at the center.

Individual WAPS score notices are now made available about 10 days after the actual promotion lists are released for those who tested. Users will have access to an exact replica of the past and current score notices that are also available by visiting a base personnel flight.

"It puts the control over when and where you view them in the individual member's hands," said Fuqua.

"The vMPF is a powerful tool that allows servicemembers to be able to see one's [personnel] information and change it from their personal computer ... saving people valuable time over having to go to the MPF and wait in line," said Fuqua.

People can access the vMPF through the AFPC Web site. Click on the "vMPF" logo at the top of the page. New vMPF users will need to establish an account before using the service. Establishing an account takes only a few minutes.

Call the AFPC Contact Center at (866) 229-7074. *(Courtesy of AFPC News Service)*

## RE-ENLISTEES

The following people re-enlisted during March. Their names and squadrons are:

**Master Sgt. Dwight Eddings**, 14th Mission Support Squadron; **Staff Sgt. Mary Franklin**, 14th Flying Training Wing; and **Staff Sgt. Charissa Pipes**, 14th FTW



# Assistance fund extension offers more time to donate

Senior Airman Amanda Mills  
Editor

The Air Force Assistance Fund Campaign has been extended until April 12 because so many Air Force people are currently deployed.

Senior Air Force leadership wanted to ensure that all Air Force people had an opportunity to contribute to such a worthy campaign, said 1st Lt. Tim Warner, 14th Support Group and installation AFAF project officer.

“Columbus AFB military members can continue to contribute even though the wing stands at 109 percent of its goal,” Warner said. “Making a difference in people’s lives is not just about reaching a pre-determined goal. All contributions will ultimately help our Air Force family, especial-

ly during these times of increased deployments.”

“I see donating to the AFAF as an excellent way to give back to my fellow Air Force members in a direct way,” said Senior Airman Mario Stewart, 14th Contracting Squadron contract specialist.

Military members at Columbus AFB should be proud of exceeding the head-quarter’s suggested wing goal, Warner said.

“It just goes to show that when called upon, our wing members are more than willing to prove their generosity. For example, as of March 29, we’ve collected over \$8,500 more than we did during last year’s campaign. That’s a true testament to Columbus AFB taking care of their own.”

To make a contribution, contact a unit representative or Warner at Ext. 7094.



Melanie Brown

## The next rank up

The following are the promotees for April. Pictured with Col. Tom Quelly, 14th Flying Training Wing commander, and Chief Master Sgt. James Roy, 14th FTW command chief, are (from left to right, back to front): to senior airman, Jonathan McQuaig, 14th Operations Support Squadron; Melvin Pace, 14th OSS; Joseph Geiger, 14th OSS; Johnny Crawford, 14th Contracting Squadron; ; to technical sergeant, Lovie Williams, 14th Comptroller Flight; to staff sergeant, Heather Smith, 14th Security Forces Squadron; and to senior airman, Franklin Hood, 14th CONS; and Aaron Crenshaw, 14th Civil Engineer Squadron

Not pictured are:

To lieutenant colonel: Keith McCoy, 14th Medical Operations Squadron  
To major: Johnny Barnes, 48th Flying Training Squadron; Gary Bynum, 48th FTS; Gregg Hardison, 37th Flying Training Squadron; James Love, 41st Flying Training Squadron; and Paul Powell, 37th FTS

To first lieutenant: Jason Attaway, 50th Flying Training Squadron; Andrew DeSantis, 37th FTS; Timothy Eaton, 41st FTS; and James Womble, 37th FTS

To staff sergeant: Robert Shepherd, 14th SFS; and Michael Smith, 14th SFS



**Air Force recruiter**  
Staff Sgt. William Shuttleworth  
2321C Hwy. 45N  
Columbus, MS 39705-1715  
(662) 241-5811



Pam Warnken

## Columbus Pilgrimage

Howard Bradshaw listens as Trudy Gildea of Twelve Gables tells how an 1866 gathering in her parlor led to a national holiday — Memorial Day. Twelve Gables and 14 other pre-civil war homes and churches are open for touring until April 14. Called the Columbus Pilgrimage, carriage rides, riverboat trips and walking tours are also featured during this annual event. Members of the Columbus Officers Spouses Club are volunteering as tour guides at the Bryn Bella home on the tour. Call or visit the Tennessee Williams welcome center on Main Street for tickets, 328-0222.

## UCMJ FILES

*The following is the staff judge advocate report for Jan. 1 to March 31. Administrative and disciplinary actions are published to educate people on the possible consequences of misconduct.*

### Articles 15

A technical sergeant received 14 days extra duty, 14 days restriction and a suspended forfeiture of \$282 for misbehavior of a sentinel in time of war.

A technical sergeant received seven days extra duty, a reprimand and suspended forfeiture of \$100 a month for two months for misbehavior of a sentinel in time of war.

A technical sergeant received a suspended reduction to staff sergeant, a reprimand and forfeiture of \$1,096 for making a false official statement and for violating a general order.

A staff sergeant received 10 days extra duty, a suspended reduction to senior airman and a reprimand for making a false official statement.

A staff sergeant received 45 days extra duty, a reduction to senior airman and a reprimand for failure to pay debt and for violating a general order.

An airman first class received 30 days correctional custody, a suspended reduction to airman and a reprimand for dereliction of duty and failure to obey a lawful order.

An airman first class received a suspended reduction to airman basic and a reprimand for dereliction of duty.

### Involuntary discharges

A senior airman was discharged under other than honorable conditions for sexual perversion.

A senior airman received a general discharge for minor disciplinary infractions.

Four airmen received general discharges for drug abuse.

An airman basic received a general discharge for minor disciplinary infractions.

# International students visit America’s capital

Senior Airman Amanda Mills  
Editor

International Specialized Undergraduate Pilot Training students stationed at Columbus AFB visited Washington, D.C. March 20 through 24 to gain experience and insight about America.

The trip was part of an informational program sponsored by the Department of Defense and is “an integral part of the

training that international students receive,” according to Capt. Eli Whitney, 14th Operations Support Squadron student management flight commander

According to AFI 16-105, the goal of the program is to ensure that international students “return to their homeland with an understanding of the responsibilities of governments, militaries and citizens, to protect, preserve and respect

the rights of every individual.”

The orientation exposes the students to such topics as the Constitution and the Bill of Rights; federal, state and local government institutions; civilian and military judicial systems; political processes; and American family and community life.

“The trip to Washington D.C. provides the students with a great opportunity to see how our government works at the

national level,” Whitney said.

“The trip was awesome,” said 1st Lt. Johnson Low from Singapore. “I had a really good time. I’d have to say my favorite part was the National Air and Space Museum. I liked all the planes and the historical information, like about the shuttles.

“As far as the program goes, I think it’s really beneficial. It provides a lot of useful information.”

# Walt Disney World military resort being renovated

## Hotel closed for expansion; same rates offered elsewhere

Airman Alexis Lloyd  
Staff writer

The military-only resort at Walt Disney World, Shades of Green, is closing temporarily due to expansion.

This may affect servicemembers who have taken advantage of a special offer that ends this month, which includes one free seven-day ticket for military members and 50 percent off for family members, said Jimmie Parker, Information, Ticket and Tours director.

All guests whose reservation dates begin after or

include March 31 have been transferred to another Disney resort. The resort apologizes for the inconvenience that this may cause, said Parker.

To make up for it, the same room rates that Shades of Green offered will be available to military members at the other Disney resorts, including Disney’s Contemporary Resort.

Shades of Green has made a partnership with this establishment, Parker said. “This resort is upscale compared to the Shades of Green, and rates are based on rank.”

Reservations can be made through Shades of Green, Parker said.

“The [resort] is doing everything it can to accommodate the military,” said Master Sgt. Hope Sanders, the

14th Flying Training Wing Career Assistance Advisor.

Shades of Green was leased to the U.S. Army in 1994 as an Armed Forces Recreation Center, and it is exclusively for active duty U.S. armed servicemembers and their families, including individuals in the reserves and veterans who are 100-percent disabled.

The expansion of the resort will include a multi-level covered parking structure, banquet facilities, 10 suites, 290 additional standard guestrooms, a specialty Italian restaurant and a new family-style restaurant. It is scheduled to reopen in September 2003.

Visit [www.shadesofgreen.org](http://www.shadesofgreen.org). Call ITT at Ext. 7858 for this and many other special offers.

(Information from the Shades of Green Website at [www.shadesofgreen.org](http://www.shadesofgreen.org) contributed to this article.)

## DO-IT-YOURSELF MOVES

A temporary duty do-it-yourself move is a move from the original permanent duty station to a TDY location and return to original station. It is not a TDY enroute in conjunction with a permanent change of station move.

Local units are responsible for authorizing and appropriating funding for members wanting to do a TDY do-it-yourself move.

In order for a member to be authorized to move themselves and their personal property for a TDY:

❑ The orders must state “Member authorized to ship xxx lbs. TDY”

❑ Orders must have correct appropriation funding (cannot be charged to travel/per diem or pay/allowances funding)

In accordance with AFI 24-501, The Air Force Do-It-Yourself Move program, Members must receive a briefing from the traffic management office prior to entering into a DITY move in order to eliminate “after the fact” situations.

All DITY moves require certified weight tickets (empty/full) for each trip made. Example: member goes TDY from Columbus AFB to Pensacola NAS, Fla. and returns. A set of two weight tickets are required (not a copy of one) in order to process the DITY move. (Courtesy of 14th Support Group Logistics Transportation.)



Courtesy photo

## High honors for local enlisted

Maj. Gen. James Sandstrom, 19th Air Force commander, presents the 19th AF First Sergeant of the Year award to MSgt. Dwight Eddings, 14th Mission Support Squadron. Also pictured is his wife, Renee Eddings, 14th Comptroller Flight. Eddings was presented the award Tuesday at Randolph AFB, Texas.





# Attitude check — keep it positive

**Lt. Col. Benjamin Cleveland**  
50th FTS commander

The Air Force — it’s a volunteer organization. So you’d think that the majority of those around you would be glad to be on the job.



Unfortunately, this is not always true. All too often in the Air Force we find ourselves in a conversation where one party or the other is complaining about anything and everything (the leadership, the rules, the amount of work, their next assignment, how everything is all fouled up, etc., etc.) Often these conversations are detrimental to the mission ... as a minimum they are detrimental to enjoying another day serving this country.

First, just what is a positive attitude? My handy Webster’s dictionary defines positive as “determined or settled in opinion or assertion: *confident*” and attitude as “a state of mind or feeling: *disposition*.” These are all definitive words to consider, but a positive attitude is much more than a few English words defined.

We’ve all heard the age-old adage, “Attitude is everything.” I believe this to be true. I believe it’s true for all aspects of life, but for the sake of this article, I’ll limit my ponderings to how a positive attitude can be applied to your time in the Air Force.

❑ **Mission.** A positive attitude adds to the basic “can do” atmosphere critical to any military organization.

The military is not a Fortune 500 company — we don’t have the luxury of holding a board meeting with voting shareholders deciding our future. We must react — and often react quickly to any contingency — and are often asked to accomplish the impossible.

Can you imagine a fighter squadron tasked to deploy short-notice to establish a combat air patrol over our nation’s capitol saying that they need more notice? Of course not. It’s our daily positive

attitude that lends itself to making the impossible happen — a critical part of our ability to accomplish the mission.

❑ **Self.** Why have a positive attitude? Everyone in the Air Force volunteered to serve. While the reasons for volunteering to serve in the military are varied, they should give us a common bond. That bond may be love of country. It may be the need for a job. It may be the need to improve your quality of life.

As a minimum, we all share the common bond of having an active-duty service commitment. Because of this commitment, we owe it to ourselves to make the commitment as enjoyable as possible.

❑ **Location.** Serving your commitment to the Air Force may involve many moves from one base to another. It’s easy to complain about the move or the location, but I’ve always looked forward to another adventure. Accept the fact that you may move and look for opportunities to expand your horizons.

In the last 20 years, my family and I have learned to sail, eaten with chopsticks, camped on deserted beaches, learned two foreign languages, driven cattle from horseback and met many interesting people all around the world. Approach each move with a positive attitude and you’ll be surprised at the doors that will open.

❑ **People.** By virtue of the volunteer force with a common bond, we are surrounded by a certain caliber of people. Top-quality individuals surround you. Be part of making those around you enjoy those around them. Think about it.

❑ **Military.** We *are* a military organization. Our nation is at war. Serving in the military in a time of war requires a greater amount of sacrifice and accepting more responsibility. Part of your responsibility to the Air Force (and your country) is to stay positive — it influences what you do, those around you and the mission.

So stop complaining about “*the Air Force*”... “*you*” are the Air Force. Do your part — keep a positive attitude and see what a difference it makes. It’s contagious.

## STRAIGHT TALK LINE



Staff Sgt. Kyle Ford

Yolanda Hubbard, 14th Services Division library technician, shows Col. Tom Quelly, 14th Flying Training Wing commander, how she puts a bar code on a library book to implement the new electronic card catalog system at the library. The new system is scheduled to be on-line by June.

The Straight Talk Line is your direct line to the commander for comments and suggestions on how to make Columbus AFB a better place.

Although the Straight Talk Line is always available, the best way to resolve problems is through the chain of command.

The Straight Talk Line phone number is 434-7058. Callers should leave their full name and phone number to receive an answer. All names will be kept confidential.

Messages may be answered in the Silver Wings without names.

Written questions may also be brought to the public affairs office in the wing headquarters building, Bldg. 724.

Questions and answers will be edited for brevity.

## Key phone numbers

Base Exchange.....	434-6013
Chaplain.....	434-2500
Civil Engineer Service Desk.....	434-2856
Civilian Personnel.....	434-2635
Clinic:	
Family Practice.....	434-2172
Appointment Desk.....	434-2273
After Hours Care.....	434-2273
Columbus Club.....	434-2489
Commissary.....	434-7106
Finance.....	434-2706
Housing Maintenance.....	434-7270
Inspector General.....	434-2927
Legal Office.....	434-7030
Military Equal Opportunity.....	434-2591
Security Forces.....	434-7129
Shoppette.....	434-6026

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# Six-pack plus one: The tale of a military family

**Second Lt. Amy Hansen**  
Public affairs

(Editor’s note: This article is in honor of Month of the Military Child.)

Dustin Frye wants his parents to name the new baby French. French Frye, get it? Cheryl Frye, mother of six, points out that if her new one is a girl, they’ll outnumber the boys five to four.

Five to four? Is this a basketball tournament, a soccer team or just an ordinary military family? Well, Second Lt. Scott Frye, his wife Cheryl and their six children (with one on the way) are more like an extraordinary military family.

Dustin, 14, Ariel, 10, and twins Alexis and Amanda, 8, sit calmly on the couches in the living room, politely answering questions despite the sunshine and in-line skates beckoning them to play outside. Amanda pulls eight-month-old Jay up on her lap to comfort him when his head bumps the coffee table. And about halfway through the visit, Dustin gets up without a fuss and gently carries Little Boy, a neighbor’s cat, out of the house at his mother’s request.

The harmony in the large Frye household is obvious. Aside from Cheryl’s second son, Joey, who lives in California with his natural father, Scott is the only missing piece. As a pilot training student here at Columbus AFB, Scott doesn’t have as much family time as he used to. “Normally he’s up and out the

door by five, and then he’ll get home between five and six,” said Cheryl. “Usually he’s gone 12 or 13 hours a day.”

But do dad’s long hours phase this bustling family? No way. According to Ariel, “When he comes home, we’re all excited that he’s home, and we’re all jumping off the walls.”

Cheryl credits preparation for the smooth transition her family made from Scott’s assignment in California to his new job here. “We had a year to mentally prepare them, so we put them in activities to keep them busy.”

But it hasn’t always been as easy as Cheryl and her good-natured children now make it seem. Last Christmas, having recently arrived on base, the Fries weren’t going to be able to afford much for their children. “We weren’t going to have a Christmas,” Cheryl said with tears shining in her eyes. And then they found an envelope on their doorstep. It said, “Merry Christmas. Someone blessed our children a few years ago, and now we are paying it forward.” Inside, they found a check for \$400, signed only “your friend.”

The anonymous generosity touched Cheryl deeply and contributed to her favorable impression of the military. “I love being part of a military family. Coming into the military, I’ve met such caring, giving people.”

But as great as military people often are, military life can still be tough on kids. The

relocation from California to Mississippi was hard for Ariel. “I remember at the airport everyone was crying because they were going to miss us,” she said. “My first day at school was kind of weird because I didn’t know where everything was. Me and this other girl were new, and everyone else had been there since kindergarten.”

And back in California, the Frye children got to spend more time with their dad. He and Dustin used to play video games until one in the morning. Joey and Amanda loved to skateboard with him, and Amanda remembers when her dad would pitch when they played baseball.

But the Frye family makes do with a little extra effort on everyone’s part, especially Scott’s. “Scott’s dedication to his family and flying never ceases to impress me,” said 1st Lt. Jen Moore, Scott’s senior ranking officer.

Cheryl agrees. “[Scott] is awesome. He’s always there for the kids, loving them and even playing with them outside so I can sleep in on Sundays.”

Now that Scott and Cheryl are expecting their seventh child, some people tease them about their “Brady Bunch” family.

But classmate 2nd Lt. Joseph Coslett is impressed. “They make family priority.”

## A Super Mom’s Ten Tips for Disciplining Kids

by Cheryl Frye, adapted by 2nd Lt. Amy Hansen

- ❑ If you show your children respect, they’ll show it back.
- ❑ If they mess up, explain why you don’t like that, or why it’s wrong. Then start over.
- ❑ Talk to them on an adult level, not as children.
- ❑ Always make them aware of others’ feelings and of their own feelings to teach them empathy.
- ❑ Avoid long, drawn-out punishments.
- ❑ Explain what was wrong, why it was wrong, and ask if they understand.
- ❑ Never punish a child when you’re angry. Walk away and calm down.
- ❑ Keep rank out of raising your kids.
- ❑ Never say “because I said so.”
- ❑ You can’t just think something is going to go away. Be the best parent that you can be, because you only get one chance at it.

# HAWC provides relaxation tool for combating stress

**Staff Sgt. Kyle Ford**  
Public affairs

Your heart’s beating a million times a second, you can barely breathe, your mouth is dry and your forehead is damp — can you believe that guy just pulled out of the parking lot in front of you?

Congratulations, you’ve just experienced acute stress.

Stress is the body’s reaction to change or demand, characterized by fight or flight. “Every time you are confronted with stress, your brain thinks you’re going to die,” said Capt. Samantha Blanchard, life skills support center commander.

Unfortunately, the brain has trouble distinguishing between types of stress. “Stress is a response to both positive and negative experiences,” Blanchard said. “The same reaction you get from a car pulling out in front of you on [Highway] 45 is the same reaction your body has when your boss yells at you or when you’re getting married.”

People in the military have to deal with not only acute stress, but chronic stress. “Some stressors for Columbus [AFB] workers include long work hours, living away from immediate family and for some people, living in a rural community,” Blanchard said. Stress reduction techniques include proper diet and

**“The [health and wellness center relaxation] room is a 15-minute TDY to La La Land.”**

Capt. Thomas Wilkins  
HAWC element chief

exercise, getting involved in hobbies and recreation, prayer and meditation and relaxation exercises, Blanchard said.

The health and wellness center has a new tool for relieving stress — a room designed for a total relaxation experience. “The room is a 15-minute TDY to La La Land,” said Capt. Thomas Wilkins, HAWC element chief. “We offer the community the opportunity to take a break in their busy schedule to relax.”

The central feature of the relaxation room is a massage chair. “It’s similar to a relaxation massage without the hassle of finding a masseuse, or the cost,” Wilkins added.

Already the chair is a success with those who’ve used it. “You get so caught up in the daily hustle and bustle of life, it was just nice to take a short time out and a really deep breath before returning to work,” said Carla Blair, 14th Communications Squadron. “When I

went to the HAWC, I thought it was just a back massager, but there is much more than that.

“There is soft music, a waterfall machine and, of course, the relaxation chair. It really feels like someone is giving you a massage. I’ve never seen anything like it. I’ve even recommended it to several co-workers.”

Some signs of chronic stress include: apathy, anger, anxiety, insomnia, irritability, fatigue or exhaustion, weight gain or loss, argumentativeness, defensive restlessness, withdrawal, sensitivity, frequent illness, poor concentration and depression.

“Stress has been linked to multiple illnesses, increased risk of injury and heart attacks,” Wilkins said. “Any time you can reduce stress in your daily life, the better off you will be, medically speaking.”

The chair is a Shiatsu massage chair that performs the rolling, tapping, pointing and kneading functions of a deep tissue Shiatsu massage. The room and chair is open to everyone on base, including military, civilian and their dependents.

“This is just another tool that people can use along with all the other activities offered on base to reduce stress,” Wilkins said. “We do recommend that people call for an appointment to use the chair, so you don’t get stressed out waiting to use the relaxation room.”

For an appointment to use the relaxation room, or for more information, call Ext. 2477.

## SILVER WINGS

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**Maj. Matthew Yaun**  
Greensboro, N.C.  
C-17, Charleston AFB, S.C. (AFRC)



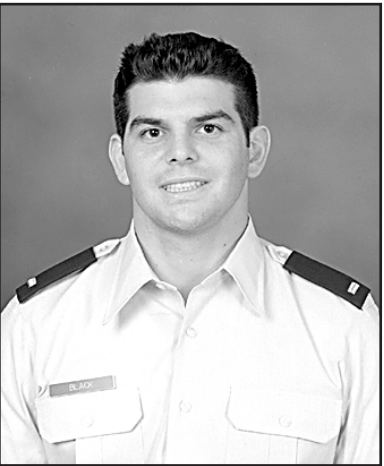
**Capt. David Ackerson**  
Council Bluffs, Iowa  
KC-135, Beale AFB, Calif. (AFRC)



**Capt. Hunter McCadams**  
Nashville, Tenn.  
C-17, Charleston AFB, S.C.



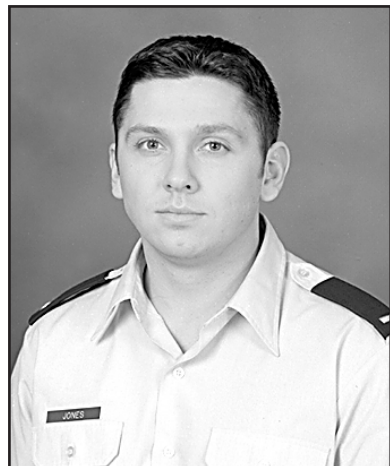
**2nd Lt. Jason Attaway**  
Sanger, Texas  
T-37, Columbus AFB, Miss.



**2nd Lt. Andrew Black**  
Jackson, N.J.  
C-130, Yokota AB, Japan



**2nd Lt. Wallace Davis**  
Cadiz, Ky.  
F-15C, Kingsley Field, Ore.



**2nd Lt. Steven Jones**  
Hastings, Neb.  
KC-135, Grand Forks AFB, N.D.



**2nd Lt. Douglas Kabel**  
Niceville, Fla.  
T-37, Columbus AFB, Miss.



**2nd Lt. Chad Lichty**  
Waterloo, Iowa  
F-15E, Seymour Johnson AFB, N.C.

# SUPT Class 02-07 earn silver wings

Specialized Undergraduate Pilot Training Class 02-07 graduates at 10 a.m. today during a ceremony at the theater.

The graduation speaker is Lt. Gen. Paul Hester, Air Force Special Operations Command commander, Hurlburt Field, Fla. Hester was commissioned through the Reserve Officer Training Corps program at the University of Mississippi.

He entered the Air Force in January 1971 and earned his wings in December 1971 at Columbus AFB, Miss. His aviation career includes flying tours in the A-7D, F-4, F-15 and F-16, with a combat tour in Southeast Asia.

Students receive their silver pilot's wings at the ceremony, and students who excelled in their respective training tracks are recognized.

Capt. Glenn McCadams, T-1A, and 2nd Lt. Chad Lichty, T-38, received the Air Education and Training Command Commander's Trophy for being the most outstanding students overall in their class.

McCadams and Lichty also received the Flying Excellence Award for maintaining the highest flying averages in their flights.

McCadams and Lichty received the Academic Excellence Award for maintaining the highest academic averages in their flights.

Maj. Matthew Yaun, T-1A, and 2nd Lt. Mark Porcella, T-38, received the Military Training Award for demonstrating outstanding officer and leadership qualities.

The Air Force Association Award was presented to Capt. David Ackerson, T-1A, and 2nd Lt. Wallace Davis, T-38. The award is presented to a graduate in each flight who excelled in training and typified the tenets of the association — promoting aerospace power and a strong national defense.

McCadams and Lichty were named distinguished graduates.

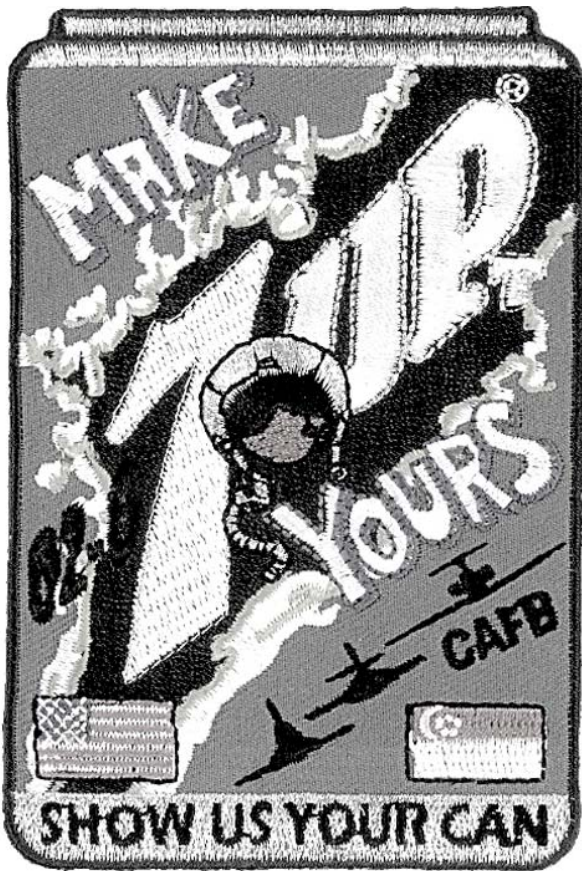
The 52-week pilot training program begins with a three-week preflight phase of academics and physiological training to prepare students for flight.

The second phase, primary training, is conducted in the twin-engine, subsonic T-37 Tweet. Students learn aircraft flight characteristics, emergency procedures, takeoff and landing procedures, aerobatics and formation flying. Students also practice night, instrument and cross country navigation flying.

Primary training takes about 23 weeks and includes 254.4 hours of ground training, 27.3 hours in the flight simulator and 89 flying hours. After primary training, students select, by order of merit, advanced training in the fighter-bomber or airlift-tanker track. Both tracks are designed to best train pilots for successful transition to their follow-on aircraft and mission.

Advanced training for the fighter track is done in the T-38 Talon, a tandem-seat, twin-engine supersonic jet. T-38 training emphasizes formation, advanced aerobatics and navigation.

Training takes about 26 weeks and includes 381 hours of ground events, 31.6 hours in the flight simulator and 118.7 flying hours. The airlift-tanker track uses the T-1A Jayhawk, the military version of a multi-place business jet. Instruction centers on crew coordination and management. Instrument training, cross-country flying and simulated refueling and airdrop missions. Training takes about 26 weeks and includes 185 hours of ground training, 43 hours in the flight simulator and 104 flying hours. The class reunites on graduation day, when students receive the aeronautical rating of pilot and begin their careers as U.S. Air Force pilots.



**1st Lt. Jonathan Lim**  
Singapore  
F-5/F-16, Singapore AF



**1st Lt. Edwin Tan**  
Redhill, Singapore  
F-5/F-16, Singapore AF



**2nd Lt. Abigail Albert**  
Tacoma, Wash.  
C-9, Ramstein AB, Germany



**2nd Lt. David Grant**  
Hawley, Mass.  
C-21, Langley AFB, Va.



**2nd Lt. Ryan Iwasaki**  
Hilo, Hawaii  
KC-135, Hickam AFB, Hawaii (ANG)



**2nd Lt. Erik Johnson**  
Oregon City, Oregon  
C-17, McChord AFB, Wash.



**2nd Lt. Michael Maddox**  
Hokes Bluff, Ala.  
KC-135, McConnell AFB, Kan.



**2nd Lt. Patrick Murphy**  
Rapelje, Mont.  
F-16, Great Falls, Mont. (ANG)



**2nd Lt. Biren Oberoi**  
Alpharetta, Ga.  
KC-10, Travis AFB, Calif.



T-1A Jayhawk

U.S. Air Force photo



**2nd Lt. Dwayne Perez**  
Clinton, Miss.  
KC-135, Fairchild AFB, Wash.



**2nd Lt. Kevin Phillips**  
Clarksdale, Miss.  
C-5, Travis AFB, Calif.



**2nd Lt. Mark Porcella**  
Phoenix, Ariz.  
F-15C, Tyndall AFB, Fla.



**2nd Lt. William Schnauffer**  
Rockford, Ill.  
F-16, Fort Smith, Ark. (ANG)



**2nd Lt. Erik Tarnanen**  
Buffalo, Minn.  
B-52, Barksdale AFB, La.



T-38 Talon

U.S. Air Force photo



Services: check out what we have to offer

✓ **Enlisted lounge entertainment:** Disc jockey Kool Kleve entertains from 9 p.m. to 1 a.m. today.  
✓ **Southern buffet:** The Columbus Club’s Tuesday night buffet features Southern style cuisine from 5 to 7:30 p.m. Price is \$7.95 for club members and \$10.95 for nonmembers. Call Ext. 2489.

✓ **Parents night/day out:** The child development center offers a parents night out from 6 to 10 p.m. April 12 and a parents day out from 9 a.m. to 1 p.m. April 20. Reservations are required at least three days in advance. Cost is \$2.50 an hour per child and a nonrefundable \$5 deposit is required when making reservations. Call Ext. 2479.  
Give Parents a Break is also offered during the same dates and times. Contact the family support center to receive a certificate. Call Ext. 2490.

✓ **Design a bookmark contest:** In celebration of National Library Week, April 14 to 20, the base library invites children in kindergarten through sixth grade to design a bookmark. The size of the bookmark should be no less than 2 inches by 6 inches and no larger than 2.5 inches by 8 inches. Bring your bookmark when registering from April 14 to 16. Bookmarks will be on display for library patrons to vote on April 17 and 18. Your name must not appear on the bookmark. When entering, your entry will be given a number for identification. Winner will receive a \$15 gift certificate from Wal-Mart. Call Ext. 2934.

✓ **Young people’s poetry contest:** Also in celebration of National Library Week, the base library is hosting a poetry contest for grades 7 through 12. The theme of the poetry should be “At My Base Library.” One entry per person. Please print or type on letter-size, line-free paper in 75 words or more. Entry deadline is 6 p.m. April 16. Your name must not appear on the entry. When entering your poem, it will be assigned a number for identification. There will be a first, second and third place winner depending on the number of entries received.

Prizes are \$15, \$10 and \$5 Wal-Mart gift certificates. Call Ext. 2934.

✓ **Free tennis clinic:** The fitness and sports center offers a free tennis clinic at 10 a.m. April 13 and April 20 at the base tennis course. Call Ext. 2772.

✓ **Summer camp registration:** Summer camp registration for currently enrolled after-school program students starts Monday at the youth center. A \$10 registration fee for every week you register for is required. Registration for other base youth begins April 29. Parents must provide sponsor and spouse’s leave and earnings statements, the child’s shot records and the registration fee. Call Ext. 2504.

✓ **Day in the Life of a Military Child:** The youth center offers this program Monday through Friday next week. Children will pick one day during the week and do a photo essay of their typical day.  
Children will receive one disposable camera. Once they have taken the photographs, children will return the disposable camera to the youth center for developing. Children will receive one copy of their prints for completing their photo essay. Program limited to the first 20 children to register. The photo essay exhibit will be April 15 to 30 at the youth center. Call Ext. 2504.

✓ **’50s night:** Mark April 27 on your calendars for the Columbus Club’s all ranks ‘50s night. Cost is free for members and \$5 for nonmembers. Festivities begin at 7 p.m. Call Ext. 2489.

✓ **Family child care providers needed:** Anyone interested in providing child care in their home on base or if you are providing care for one or more children for a total of 10 hours a week, you must be licensed through the family child care office. Care for special needs children is also needed. Call Ext. 2479.

✓ **Casino trip:** The Information, Ticket and Travel office is offering a trip to Fitzgerald’s Casino in Tunica, Miss., April 20. Cost is \$20 per person and includes transportation, free buffet



Rachel Kasic

Tis the season to golf!

Wendell Reed putts for par on No. 9. Whispering Pines Golf Course starts its afternoon scrambles at 4:45 p.m. Thursday. Entry is \$5 plus 9-hole greens fees. Annual memberships are available and based on rank. Annual membership includes unlimited greens fees, the course handicapping system and discounts on tournaments. Call Ext. 7932.

and \$5 in coins. Call Ext. 7858.

✓ **College baseball:** The youth center is offering a trip to the Mississippi State University baseball game against the Arkansas Razorbacks April 14. Game time is 1:30 p.m.  
The van will depart the center at 12:30 p.m. An adult must accompany children 9 and younger. Cost is \$8 for members and \$10 for nonmembers. Register by Wednesday. Call Ext. 2504.

Columbus Club Lunch Buffet

Served from 11 a.m. to 1 p.m.  
Cost: \$4.95 for members and \$7.50 for nonmembers  
Price includes vegetable of the day, salad and tea

Today  
Fried Catfish  
Popcorn Shrimp  
Banana Pudding

Monday  
Fried Chicken  
Meat Loaf  
Banana Pudding

Tuesday  
Spaghetti  
Lasagna  
Peach Cobbler

Wednesday  
Pork Chops  
Bratwurst  
Apple Dumplings

Thursday  
Lemon Pepper Chicken  
Fettucini Alfredo  
Banana Pudding

AT THE CHAPEL

**Chapel schedule**  
**Catholic**  
**Sunday activities:**  
9 a.m. — Mass  
10:30 a.m. — CCD  
5 p.m. — Confessions  
**Friday**  
11:30 a.m. — Communion

**Protestant**  
**Sunday activities:**  
9 a.m. — Sunday school  
10:45 a.m. — Contemporary worship  
**Wednesdays**  
5:30 p.m. — Video Bible study supper  
7:15 p.m. — Choir rehearsal  
**Thursdays**  
11:30 a.m. — Lunch Bible study

For Islamic, Jewish or Orthodox services, or other chapel programs, call the chapel at Ext. 2500.

AT THE MOVIES

All movies are shown at 7 p.m., unless otherwise noted, at the base theater.

**Today**  
“John Q” (PG-13, violence, language and intense thematic elements, 118 min.)  
Starring: Denzel Washington.

**Saturday**  
“Queen of the Damned” (R, vampire violence, 101 min.)  
Starring: Stuart Townsend and Aaliyah.

**April 12**  
“Crossroads” (PG-13, sexual content and brief teen drinking, 94 min.)  
Starring: Britney Spears and Anson Mount.

**April 13**  
“Return to Neverland” (G, animated, 72 min.)  
Starring: Voices of Corey Burton and Jeff Bennett.

**April 19**  
“Birthday Girl” (R, sexuality, 93 min.)  
Starring Nicole Kidman and Ben Chaplin.

CHANNEL 64

BLAZE 64 offers announcements for people living in base housing or the dormitories.  
Call Staff Sgt. Kyle Ford for more information at Ext. 7073.

Weekdays  
9 a.m., noon and 2 p.m.  
Air Force Television News

FAMILY SUPPORT



(Editor’s note: All activities are offered at the family support center unless otherwise specified. For more information, call Ext. 2790.)

**Parenting videos:** Educational videos on parenting are offered at 11 a.m. on Mondays. Participants are encouraged to bring a sack lunch. “Happy Healthy Babies” covers ages 1-2 months and includes tips on crying and sleeping. “Common Sense Parenting” is presented April 12. This video covers tips on self-esteem for pre-adolescents and teenagers. Exchange discount coupons will be given to attendees.

**Sponsor information:** The family support center offers personalized newcomer information packages for sponsors.

**Drug Education For Youth 2002:** The DEFY program is looking for volunteers for the new program beginning in June.

**TAP change:** The transition assistance program will no longer be offered each month. Upcoming workshops are scheduled for May, July, September and November.

**Discover program:** This program assists family members with changing careers, training and information.

**Scholarship sources:** The Scholarship Resource Network provides information on types and sources of financial aid. Call the center.

**Educational loan:** The Air Force Aid Society has interest-free loans for active duty Air Force spouses and college-age children enrolled in vocational/technical programs. AFAS loans 50 percent of course costs up to \$1,000.

**Happy landings:** The center offers information for newcomers to Columbus AFB from 8 to 10 a.m. Wednesday.

**Respite care:** The Air Force Aid Society offers grants for active-duty Air Force people who have 24-hour care responsibilities for ill or disabled people.

**Deployed assistance:** Families of deployed people are encouraged to call the family support center to find out what services are offered.

**Women, Infants and Children:** People can make an appointment at the

center for the Women, Infants and Children program.

**Nursing moms:** The center offers breast pumps for rent or purchase to active-duty mothers or family members of active-duty who are breast feeding.

LIFE SKILLS SUPPORT



(Editor’s note: All activities offered are at the family advocacy office located on the second floor of the 14th Medical Group unless otherwise specified. For more information, call Ext. 2239.)

**Special needs:** The Exceptional Family Member Program is designed to ensure service availability for active-duty family members with special needs.

The need must be identified at the current duty station or before a permanent change of station. The program assists families with relocation when a medical condition exists, helping them find resources on base and in the local community.

BASE NOTES



**Summer hires:** Columbus AFB’s Summer Employment Program will take applications from high school and college students age 16 and older today through May 2 at the civilian personnel flight. The temporary employment runs from May to August.

Military family members as well as students with no CAFB affiliation are eligible to apply for the 34 clerical and laborer positions available. Apply by submitting an Optional Form 612 to the flight in Bldg. 926, Room 254. Call Ext. 2647 or 2635.

**Car, dog wash:** Specialized Undergraduate Pilot Training Class 02-11 is offering a car and dog wash from 11 a.m. to 4 p.m. Saturday in the exchange parking lot. Donations are accepted and participants who donate can receive a 10 percent discount on any automotive merchandise purchased at the exchange. This does not include gas.

**Lifeguards needed:** The Summer Employment Program will offer 13 lifeguard positions at Columbus AFB. High school and college students age 16 and older who are qualified and interested must submit their resumes to the Air Force Personnel Center in San Antonio, Texas, not to CAFB. Applications are

being accepted now through May. Call Ext. 2647 or 2635.

**Recycling superhero:** Mike the Recycler will visit Columbus AFB April 23 and 24 to promote Earth Day. Call Ext. 7406.

**Scholarship offer:** The Possum Town Flight of the Order of Daedalians is accepting applications through April 30 for multiple scholarships in the amount of \$500 to \$1,000. Attendees of an accredited four-year college or university or those who have applied for and been admitted are eligible. People who have demonstrated the desire and potential to pursue a career as a commissioned military pilot are also eligible. Visit www.daedalians.org or call Ext. 7986.

**Buzz about the chapel:** Volunteers are needed for the Columbus AFB Chapel’s Vacation Bible School, which is from 9 a.m. to noon June 17 through 21. A bug safari is the theme. Call Ext. 2500.

AROUND TOWN



**Foreign student sponsor:** The International Military Student Office of Columbus AFB is seeking people to sponsor foreign officers attending pilot training under the Security Assistance Training Program.

SATP was established to improve international relations and promote understanding of the U.S. way of life. Call Ext. 2750.

**Tales from the Crypt:** Students from Mississippi School for Math and Science will present this event from 7 to 9:30 p.m. today, Monday, Wednesday and April 12 at Friendship Cemetery on Fourth Street South in Columbus.

After researching the lives of ordinary citizens buried there, costumed MSMS students will stand among the old grave-stones, dramatizing the lives of those long dead and buried. Admission is \$1 for students and \$2 for adults; payable at the entrance. The Tales from the Crypt event is part of the annual Columbus Pilgrimage.

**Lighthouse Aglow:** The Columbus Lighthouse Aglow is at 10:30 a.m. Saturday at the Columbus library. The guest speaker is Anne Russell Bradley. Call 327-2718.

**Art show:** Artwork by undergraduate students at Mississippi University for Women is on display from 9 a.m. to 4 p.m. until April 12 at the Fine Arts Gallery in Columbus. Call 329-7119.



# Lieutenant shoots for spot on Air Force team

**Airman Alexis Lloyd**  
Staff writer

A 14th Medical Operations Squadron lieutenant is trying out for the All-Air Force Basketball Team April 25.

Second Lt. Lauren Maher, 14th MDOS Aerospace Physiology OIC, is going to Kirtland AFB, N.M., to compete for a spot on the team.

The All-Air Force Basketball Team is composed of women, both officers and enlisted, from across the Air Force. “There are a lot of women in the Air Force who are excellent basketball players,” Maher said.

For these women to be accepted onto the team, they must first send an AF Form 303 to Headquarters Services at Randolph AFB, Texas, Maher said. Headquarters then picks from 15 to 20 applicants who are invited to a three-day tryout at Kirtland AFB for a chance to make the squad.

“I wasn’t really sure if I would be selected or not,” Maher said. When Maher found out she was chosen, she was thrilled.

Not every applicant will be successful.

“Only 12 people will make the travel team,” Maher said. “I am a little nervous, but I’m really excited, and I’ve been working out like crazy getting ready for the try-outs.”

Maher’s love of basketball started when she was about eight years old, and it has followed her throughout her military career.

She’s played intercollegiate basketball for four years at the Air Force Academy where she was a team leader. Following her graduation from the Air Force Academy she was chosen to coach the academy’s junior varsity team and assisted at the varsity level.

This basketball season, Maher played for the Columbus AFB Lady BLAZE and averaged 15 points, seven rebounds and five assists per game.

“She was a well-added addition to the team,” said Tech. Sgt. Annie Cousins, 14th Communications Squadron and captain of Lady BLAZE. “Maher was a great player and had good spirit.”

If Maher makes the All-Air Force team, she will remain at Kirtland for a month of practice, then the team will travel to the



Airman Alexis Lloyd

Second Lt. Lauren Maher, 14th Medical Operations Squadron Aerospace Physiology OIC, works out her legs at the fitness and sports center.

Armed Forces Tournament at Fort Indian Gap, Penn. If the Air Force team wins the Armed Forces Tournament, the team will go to on to the play at the Amateur Athletic Union National Women’s Basketball Championship in Dallas, Texas, Maher said.

“I’d be surprised if she didn’t make it,” Cousins said. “She has all the fundamentals down, she’s 6 feet tall and she can handle the ball.”

However, Maher has not forgotten her primary commitment. “After it’s [the tour] over, it’s back to work as normal.”

## SHORTS

### Bowling league

This two-game format for Adult, Youth or Adult/Youth bowling leagues begins this month and runs for 12 weeks. At the end of the 12 weeks, the league member will receive a Major League Baseball Team bowling ball with a retail value of \$160.

Cost per person depends on the league format. Maximum cost per person will be \$10 per week. Must bowl all 12 weeks to qualify for the bowling ball. Call Ext. 2426 to register.

### Bowling special

In honor of the Month of the Military Child, the bowling center is offering a 75-cent game for children under the age of 12 when accompanied by an adult. Family members between the ages of 13 through 18 can bowl for \$1.25 per game anytime. Call Ext. 2426.

### Tennis anyone?

Season begins Monday. Contact your squadron sports representative for details.

### Master’s Pick tournament

Each player must select a tour player from the Master’s Tournament by 9 a.m. April 13. The team with the lowest score for both days (April 13-14) with a handicap wins.

Entry is \$10 for members and \$10 plus greens fees for nonmembers. Call Whispering Pines Golf Course at Ext. 7932 for information.

### Adult beginners golf clinic

Learn the fundamentals of golf at this beginners golf clinic at 9 a.m. April 13 at Whispering Pines Golf

Course. No equipment is needed. Participants can bring clubs if they have them. Cost is \$5 per person. Register by 4 p.m. April 12. Call Ext. 7932.

### MSU baseball trip

The youth center is taking a trip to Starkville, Miss. to watch the MSU Bulldogs play the Arkansas Razorbacks April 14. Game time is 1:30 p.m. The van will depart the center at 12:30 p.m. An adult must accompany children 9 and younger.

Cost is \$8 for members (\$2 for transportation plus \$6 for admission ticket) and \$10 for nonmembers (\$4 for transportation plus \$6 for admission ticket). Register by Wednesday.

### Intramural volleyball tournament

The fitness and sports center is hosting an intramural volleyball tournament April 15 to 19. Call Ext. 2772 for information.

### Earth Day fun run/walk

This monthly event starts at 11 a.m. April 19 at the fitness and sports center. The fitness and sports center and recycling center are co-hosting this event and T-shirts will be given to any participant who brings in an item to be recycled. Recycle bins will be set up for the items.

### T-ball registration

The deadline for registering for the T-ball program is April 20. This program is open to children ages 3 and older. Cost is \$25 for members and \$35 for nonmembers. A \$10 late fee is charged for those who register after April 20. Coaches and sponsors are needed.

The season is from May through June. Opening ceremonies are at 6 p.m. May 9 at the youth T-ball field. All participants must have an up-to-date physical on file at the youth center before they can play. Call Ext. 2504.

### Hot ball/scramble tournament

Whispering Pines Golf Course offers this four-person tournament starting at 8 a.m. April 27. Teams are selected by handicaps.

Entry is \$15 for members and \$15 plus green fees for nonmembers. On each hole, three players scramble and one player plays their own ball (both scores count).

### Buddy bass tournament

Sign up at Outdoor Recreation for this annual event May 11 on the Columbus Lake. Entry is \$100 per person. Call Ext. 2507.

Bowling standings		
The following are the intramural bowling standings current as of Wednesday. The season ends April 18.		
For more information, call Jim Campbell at Ext. 2426.		
Team	Wins	Losses
Stroken	162	38
14th SFSI	122	78
14th SVS	121	79
Retirees	109	91
14th MSS	102	98
14th SVS2	62	138
Team 7	60	140